

# PERIFLEX<sup>®</sup> LQ

A phenylalanine-free, ready-to-drink medical food containing a balanced mix of essential and non-essential amino acids, carbohydrates, fat, vitamins, minerals and trace elements.



## Indication: Phenylketonuria

Suitable for children and adults.

### Nutrition Information:

Nutrients	Per 250 mL (1 carton)
Calories	160
Protein Equivalent, g	15
Fat, g	5
Saturated, g	0.75
Monounsaturated, g	3
Polyunsaturated, g	1
Carbohydrate, g	13.8
Fiber, g	1
<b>Amino Acids, g</b>	
L-Alanine	0.68
L-Arginine	1.28
L-Aspartic Acid	1.20
L-Cystine	0.48
Glycine	1.23
L-Histidine	0.73
L-Isoleucine	1.13
L-Leucine	1.95
L-Lysine	1.50
L-Methionine	0.33
L-Phenylalanine	Nil Added
L-Proline	1.38
L-Serine	0.85
L-Threonine	0.95
L-Tryptophan	0.38
L-Tyrosine	1.73
L-Valine	1.25
L-Carnitine	0.01
Taurine	0.08

Vitamins	Per 250 mL (1 carton)
Vitamin A, IU (mcg RE)	833 (250)
Vitamin D <sub>3</sub> , IU (mcg)	130 (3.3)
Vitamin E, IU (mg α-TE)	7 (4.8)
Vitamin K, mcg	30.8
Thiamine, mg	0.35
Riboflavin, mg	0.38
Vitamin B <sub>6</sub> , mg	0.6
Vitamin B <sub>12</sub> , mcg	1.2
Niacin, mg	2.1
Folic Acid, mcg	184
Pantothenic Acid, mg	1.9
Biotin, mcg	9.3
Vitamin C, mg	23.3
Choline, mg	161
Inositol, mg	30
<b>Minerals</b>	
Calcium, mg	400
Phosphorus, mg	288
Magnesium, mg	114
Iron, mg	5.5
Zinc, mg	3.5
Manganese, mg	0.7
Copper, mcg	310
Iodine, mcg	49
Molybdenum, mcg	14
Chromium, mcg	9.8
Selenium, mcg	21.8
Sodium, mg	210
Potassium, mg	263
Chloride, mg	210

## Ordering/Reimbursement Information for Periflex® LQ:

Product Code	Reimbursement Code	HCPCS Code*	Product Packaging	Calories Per Drink Container
113359 - Orange Crème	49735-0125-51	B4162 or B4157	18 x 250 mL (8.5 fl oz)	160
113358 - Berry Crème	49735-0125-24	B4162 or B4157	18 x 250 mL (8.5 fl oz)	160

\* S9435 = For individuals who submit their bills to insurance on their own.

### Ingredients:

**Orange Crème:** Water, Sugar, and less than 2% of each of the following: Calcium Glycerophosphate, High Oleic Sunflower Oil, L-Lysine Acetate, Canola Oil, L-Leucine, L-Tyrosine, Artificial Flavor, L-Proline, L-Arginine, L-Valine, Glycine, L-Aspartic Acid, L-Isoleucine, Micro-Crystalline Cellulose, Citric Acid, L-Threonine, L-Serine, Magnesium Acetate, Tripotassium Citrate, L-Histidine, L-Alanine, L-Cystine, Choline Hydrogen Tartrate, N-Acetyl, L-Methionine, Sodium Chloride, L-Tryptophan, Trisodium Citrate, Soybean Oil, L-Ascorbic Acid, Diacetyl Tartaric Acid Esters of Monoglycerides, Mono- and Diglycerides, Guar Gum, Xanthan Gum, Acesulfame Potassium, Taurine, M-Inositol, Ferrous Sulphate, Tricalcium Phosphate, Carnitine, Zinc Sulfate, DL-Alpha Tocopherol Acetate, Niacinamide, Manganese Sulphate, Calcium D-Pantothenate, Cupric Sulfate, Pyridoxine Hydrochloride, Thiamin Chloride Hydrochloride, Riboflavin, Vitamin A Acetate, Potassium Iodide, Chromium Chloride, Sodium Selenite, Sodium Molybdate, Phylloquinone, D-Biotin, Cholecalciferol, Folic Acid, Cyanocobalamin.

**Contains: Soybean Oil.**

**Berry Crème:** Water, Sugar, and less than 2% of each of the following: Calcium Glycerophosphate, High Oleic Sunflower Oil, L-Lysine Acetate, Canola Oil, L-Leucine, L-Tyrosine, Artificial Flavor, L-Proline, L-Arginine, L-Valine, Glycine, L-Aspartic Acid, L-Isoleucine, Micro-Crystalline Cellulose, Citric Acid, L-Threonine, L-Serine, Magnesium Acetate, Tripotassium Citrate, L-Histidine, L-Alanine, L-Cystine, Choline Hydrogen Tartrate, N-Acetyl, L-Methionine, Sodium Chloride, L-Tryptophan, Trisodium Citrate, Soybean Oil, L-Ascorbic Acid, Diacetyl Tartaric Acid Esters of Monoglycerides, Mono- and Diglycerides, Guar Gum, Xanthan Gum, Acesulfame Potassium, Taurine, M-Inositol, Ferrous Sulphate, Tricalcium Phosphate, Carnitine, Zinc Sulfate, DL-Alpha Tocopherol Acetate, Niacinamide, Manganese Sulphate, Calcium D-Pantothenate, Cupric Sulfate, Pyridoxine Hydrochloride, Thiamin Chloride Hydrochloride, Riboflavin, Vitamin A Acetate, Potassium Iodide, Chromium Chloride, Sodium Selenite, Sodium Molybdate, Phylloquinone, D-Biotin, Cholecalciferol, Folic Acid, Cyanocobalamin.

**Contains: Soybean Oil.**

### Directions for Use:

Periflex LQ is ready-to-drink. Just shake gently, open and enjoy. Best served chilled. Once opened, store any remaining formula in a refrigerator for no more than 24 hours. Shake formula immediately before use.

### Storage:

Store unopened cartons in a cool, dry place away from sunlight. Avoid extreme temperatures.

### Important Notice:

Must only be used under medical supervision. For oral or tube feeding. Not for parenteral use. Not suitable as a sole source of nutrition. Only suitable for children and adults with proven phenylketonuria (PKU).

