



# PHLEXY-10<sup>®</sup> DRINK MIX

A phenylalanine-free powdered medical food providing a mix of essential and non-essential amino acids and some carbohydrates. Does not contain vitamins and minerals.

**Indication:** Phenylketonuria  
Suitable for individuals over 1 year of age.

## Nutrition Information:

Nutrients	Per 20 g Pouch
Calories	69
Protein Equivalent, g	8.33
Fat, g	0
Carbohydrate, g	8.8
<b>Amino Acids, g</b>	
L-Alanine	0.41
L-Arginine	0.72
L-Aspartic Acid	0.68
L-Cystine	0.27
L-Glutamine	0.50
Glycine	0.64
L-Histidine	0.41
L-Isoleucine	0.64
L-Leucine	1.09
L-Lysine	0.74
L-Methionine	0.17
L-Phenylalanine	Nil Added
L-Proline	0.77
L-Serine	0.47
L-Threonine	0.54
L-Tryptophan	0.22
L-Tyrosine	0.97
L-Valine	0.70
L-Carnitine	0.007
Taurine	0.014

## Ordering/Reimbursement Information for Phlexy-10<sup>®</sup> Drink Mix:

Product Code	Reimbursement Code	HCPCS Code*	Product Packaging	Calories Per Pouch
49161 - Blackcurrant-Apple	49735-0114-67	B4157 or B4162	30 x 20 g (0.7 oz)	69
49257 - Tropical Surprise	49735-0119-10	B4157 or B4162	30 x 20 g (0.7 oz)	69

\* S9435 = For individuals who submit their bills to insurance on their own.

## Ingredients:

**Blackcurrant-Apple:** Sucrose, L-Lysine Aspartate, L-Leucine, L-Tyrosine, Artificial Flavors, L-Proline, L-Arginine, L-Valine, L-Isoleucine, Glycine, Malic Acid, L-Threonine, L-Glutamine, Corn Syrup Solids, L-Serine, L-Histidine, L-Alanine, L-Cystine, N-Acetyl-L-Methionine, L-Tryptophan, Soy Lecithin, Taurine, L-Carnitine, Sodium Saccharin, Artificial Color.

**Contains: Soy.**

**Tropical Surprise:** Sucrose, L-Lysine Aspartate, Artificial Flavors, L-Leucine, L-Tyrosine, L-Proline, L-Arginine, L-Valine, Citric Acid, Glycine, L-Isoleucine, L-Threonine, L-Glutamine, Corn Syrup Solids, L-Serine, L-Histidine, L-Alanine, L-Cystine, N-Acetyl-L-Methionine, L-Tryptophan, Soy Lecithin, Acesulfame Potassium, Taurine, L-Carnitine, Artificial Color.

**Contains: Soy.**

## Mixing Instructions:

Mix the contents of one packet with a small amount of water, stirring into a thick paste. Continue stirring while adding water to make up a final volume of approximately 100 mL (~3.5 fl oz). Once prepared, store formula in a refrigerator for no longer than 24 hours from the time of preparation. Shake or stir prepared formula immediately before use.

## Storage:

Store unopened pouches in a cool, dry place away from sunlight. Avoid extreme temperatures. Once a pouch is opened, entire contents should be used immediately.

## Important Notice:

Must only be used under medical supervision. For oral and tube feeding. Not for parenteral use. Not suitable as a sole source of nutrition. Only suitable for individuals over 1 year of age with proven phenylketonuria (PKU). Must be combined with an appropriate vitamin & mineral supplement when taken as the sole source of PKU medical food.